

# U3A BALLINA/BYRON INC



## NEWSLETTER Term 4 2020

U3A Ballina/Byron Inc. OFFICE:

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Please send an email to this address if  
you would be happy to receive your newsletter by email.

### President's Report

During COVID-19 Ballina/Byron U3A has been a leading light to others in the community. A special thank you must go to our Tutors working under our strict COVID-19 Safety Plan.

Members have been very supportive of management by embracing these new protocols under which classes operate.

We have worked together to ensure Term 3 was a success. So let us make Term 4 a bigger success.

I leave you all with these two sayings:-

“Ask not what U3A can do for you but what you can do for U3A”

“No person is too small in our association but many members working together can make a big difference”

Greg Unwin

President

U3A Ballina/Byron Inc.

**Trivia Question:** What is the connection between the Australian \$10 note and our Prime Minister, Scott Morrison?

### **New Classes**

We are happy to announce that, thanks to some generous members offering their time and expertise, we are adding 2 (maybe 3) new classes to our Term 4 timetable.

**Expressive Arts** will be a 2 hour class held at Fripp Oval on the 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Fridays of the month. Allow yourself to be surprised at your response to a piece of music, or be blown away by an insight emerging from your artwork. The tutor will utilise music, visualisations, discussion, journaling, movement, and visual arts – none of which require prior experience or skill.

U3A Ballina/Byron Inc. thanks Ballina Fair, Ballina Golf Club, Cherry Street Sports Club, Bunnings Warehouse and Ballina RSL for their ongoing support.

**Xmas Party** 27<sup>th</sup> Nov  
(to be confirmed)

### **TERM DATES 2020**

Term 4: 12<sup>th</sup> Oct-11<sup>th</sup> Dec



Xmas Brooch  
made by Faye in  
the Beading and  
Jewellery Class

**Learn to Play the Ukelele** is a one hour class to be held at Northlakes Community Centre on Friday. Due to demand 2 sessions will be offered. Ukulele is one of the easiest instruments to pick up and learn within a few sessions. If you love sing-along music and have no experience in playing an instrument, or if you play another instrument and would like to learn ukulele, this class is for you. You don't need to read music.

**Happiness 101 (continuing from T3) or Always Look on the Bright side of Death** is a 1 hour session on Monday. In the West, most believe we risk eternal damnation when we die, or total oblivion. But there are other options. What if the truth lies elsewhere? This course will explore a variety of aspects of death and dying, showing that perhaps it's not quite as awful a prospect as we might fear. In fact, it might even be a positive experience. Come along to find out for yourself! No, not the experience, but some interesting explorations of the topic

The tutor is prepared to offer either class depending on the response. If you are interested in **either** of these classes please contact the tutor at [ed65love@gmail.com](mailto:ed65love@gmail.com).

### Card Making

We used different types of paper including Designer Series Paper (DSP) from Timeless Tropical set as well as Vellum. We also used a Card Kit that has all the items needed to create cards for a non-card maker. These cards (top row) were made by the tutor as samples, followed by works created by class members.



### Charity Donations by U3A Members

This term our members have been working hard for two charities. Firstly, there was the “knit for cancer” project, where members knitted and crocheted beanies and scarves to be used either as gifts to Cancer patients or for Cancer Foundation fundraising. Our second project has been “Animal Pouches” for the Animal Rescue Freecycle Craft Guild. The pouches were crocheted in five different sizes and members are still working on donations for this group.



### The Good Samaritan Project

The U3A Craft group provides ongoing support for The Good Samaritan Project. This project packs shoe boxes with items suitable for children of all ages which are then sent to orphanages overseas. Anyone can contribute to this project as it isn't just about hand made goods. Our crafters knit, crochet and sew children's clothes, toys, bags etc but we also donate small toys (must be able to fit in a shoe box) such as crayons and colouring in books, marbles, skipping ropes and balls. Other items can be combs and hair bands or other personal items. If you would like to be part of this project please leave your donations (clearly marked) in the office for collections.

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## Beading and Jewellery Class

Joan has a great bunch of ladies in her Beading and Jewellery class and as you can see from the photograph there is lots of concentration needed for some of the beautiful items made. Faye has got in early by making a new Christmas tree brooch for Christmas this year. Beading is lots of fun and it is a friendly and supportive group.



## Walking Groups

Our Monday and Tuesday Walking Groups have enjoyed being able to catch up with each other and exercise at the same time. One recent walk, on a perfect Spring morning, took them through the Northlakes area.

## Creative Writing News

During lockdown the Creative Writing Group members continued to produce and share short stories. To celebrate we have produced an Anthology entitled '*Right at Home – Isolation Creations.*' We are very grateful for the professional assistance of Meg Heggen, *Boyam Publishing*, for the typesetting and design features and *Copy That @ Profsec* for their assistance and printing and Ballina/Byron U3A for their encouragement during this project.



The booklet will be available to buy at a low cost of \$6.00 and if you wish to place an order please contact Mandy Waring on 0427 327 381 or [malawa@bigpond.com](mailto:malawa@bigpond.com).

The writers who chose to contribute are:  
Back Row L to R: Hedy Sussman, Jan Mulcahy, Ruth Henderson, Janis Nichols, Gordon Hayes  
Front Row L to R: Mandy Waring (Tutor), Meg Heggen, Joyce Ryan. Absent: Cathy Loxley.

## Lost Property

Please check the lost property basket in the office for any items that have gone astray. At the end of Term 4, remaining items will be taken to the “op shop”.

U3A Ballina/Byron Inc. thanks Ballina Fair, Ballina Golf Club, Cherry Street Sports Club, Bunnings Warehouse and Ballina RSL for their ongoing support.

## MANAGEMENT COMMITTEE

PRESIDENT	Greg Unwin	OFFICE CO-ORDINATOR	Joy Schnieder
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	Jill Gibbons		Raine Moloney
	Andrea Williams	MULLUMBIMBY REPRESENTATIVE	Gerti Krebs

To contact any of the above please leave a message at the office or email the office with your request.

**Trivia Answer: Dame Mary Gilmore, who appears on the \$10, was Scott Morrison's Great Great Aunt.**

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