

Term 1 2023 U3A Ballina / Byron Inc.  
Tuesday Walks conducted by Barbara mob: 0402 825 260  
We walk for approximately 1<sup>1/2</sup> hours.

**We leave promptly at 8:00am from starting point.**

Wear comfortable shoes and a sunhat. Insect repellent is also recommended. Bring water and money for coffee.

31st Jan	Ballina Island Low 12:33pm	Meet at Fripp Oval Coffee at the Proper Cafe
7th Feb	The Serpentine Area High 10:28am	Meet at Meldrum Park Coffee at the Proper Cafe
14th Feb	Lennox Head beach and lake walk Low 9:42am	Meet at car park next to caravan park Coffee at the Lennox Surf Club
21st Feb	River Walk to Shaws Bay & North Wall High 10:14am	Meet at Meldrum Park Coffee at the Proper Cafe
28th Feb	North Wall Low 10:51am	Meet at car park behind the library Coffee at Mezza
7th Mar	Ballina Island High 9:28am	Meet at Meldrum Park Coffee at the Proper Cafe
14th Mar	Northlakes & Ferngrove Low 8:11am	Meet in Ballina Central car park behind McDonalds Coffee at Stellarossa
21st Mar	Shaws Bay & Shelly Beach High 9:06am	Meet at Lighthouse Beach car park Coffee at Coffee and Kitchen (East Ballina Shopping Centre)
28th Mar	Sharpes and Angels Beach Low 8:49am	Meet at Chickiba Playing Fields Coffee at Coffee and Kitchen (East Ballina Shopping Centre)
4th Apr	Chickiba & Prospect Lakes High 7:19am	Meet at Chickiba playing fields Easter buns & coffee at my place