

## TIMETABLE Term 3 2022

For class details check our website or contact the Office

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Shorter Flatter Walks</b> 8.30am – 9.30 Various starting points as per the walks list	<b>Walking</b> 8.00-9.30 Various starting points as per the walks list	<b>Belly Dancing</b> 9:00 am -10.30 Fripp Oval	<b>Bird Watching</b> 8.00-10.30 Fortnightly Various locations	<b>Yoga Breathwork Relax</b> 8.45-9.45 Fripp Oval
<b>W4W-Combo Class</b> 9.30-11.30 fortnightly Fripp Oval	<b>Yoga and Core Pilates</b> 9.15-10.30 Fripp Oval	<b>Bicycle Riding</b> 8.30-9.30 Start at Fripp Oval Carpark	<b>Social Amblers</b> 8.30-9.30 Meet at Meldrum Park	<b>Croquet</b> 9.00-10.00 Ballina Croquet Club
<b>Art Appreciation</b> 9:30 to 11:30 Fortnightly Fripp Oval	<b>Books and Poetry</b> 10-12. 1 <sup>st</sup> Tuesday Ex-Services Club, Mullumbimby	<b>Weights for Women Advanced</b> 11:00 am-12:15pm Fripp Oval	<b>Tai Chi-Quigong</b> 9-10 Fripp Oval	<b>Tap Dancing -Basic</b> 9.30-10.30 Sailing Club
<b>Lost Empires</b> 11.15-12.30pm Ballina Golf Club	<b>Music Appreciation</b> 10-12. 3 <sup>rd</sup> Tuesday Ex-Services Club, Mullumbimby	<b>Exploring books</b> 10:30-12.00 1 <sup>st</sup> Wed of month Meze, The Point	<b>Tai Chi-Quigong 24 Form Beginners</b> 10.10-11.20 Fripp Oval	<b>Jewellery &amp; Beading</b> 10.00-12.00 Fripp Oval
<b>Scrabble</b> 12.30-4pm Fripp Oval	<b>Buongiorno Italia continuing</b> 10-12 noon Cherry St Bowling Club	<b>Paint-a-Long</b> 12.30-2.30 Fripp Oval	<b>Creative Writing</b> 11.30-1.00 Fortnightly Fripp Oval	<b>Paradise Pluckers</b> 12.15-1.45pm Fripp Oval
<b>Mahjong</b> 12.30-4.00 Fripp Oval	<b>Cryptic Crosswords Group 1 and Advanced</b> 10:45 to 12 Noon Fripp Oval	<b>Intermediate French</b> 1.30-2.30 Cherry Street Bowling Club	<b>Current Affairs</b> 11.00-12.00 Fortnightly Fripp Oval-Annexe	<b>Pickle Ball</b> 12.30-1.30 BISC 29 <sup>th</sup> July-4 weeks
<b>International Folk Dance</b> 4.00-5.00 Presbyterian Church Hall	<b>Table Tennis</b> 12.30-2.30pm Fripp Oval	<b>Beginners French</b> 3.00-4.00 Cherry Street Bowling Club	<b>Quilting Arts/Mixed Media</b> 12.30-3.30 pm 3 <sup>rd</sup> and 4 <sup>th</sup> Thurs Northlakes Community Centre	<b>Italian</b> 2.00-3.00pm Fripp Oval
	<b>Feldenkrais</b> 2.35-4.00 Fripp Oval		<b>Creative Craft/Chat</b> 1-3pm Fripp Oval	
	<b>Scottish Country Dancing</b> 4.00-5.30 Presbyterian Church Hall		Beginners Tap Dancing 1 – 2 Sailing Club	
<b>Technology Assistance</b> Individual arrangements Fripp Oval				