U3A BALLINA/BYRON INC

NEWSLETTER Term 2 2018



U3A Ballina/Byron Inc. OFFICE Fripp Oval (next to RSL Bowling Club)

PO Box 55 Canal Rd Ballina 2478 Ballina

Office hours: 10 am - 12 noon Monday to Friday during term

Telephone: 6681 4450

Email: <u>u3abalbyr@gmail.com</u> Please send an email to this address if Website: <u>www.ballinabyron.u3anet.org.au</u> you would be happy to receive your

newsletter by email.

Dear Fellow Members.

I trust that you have all enjoyed the classes and activities that your U3A has provided during the First Term of 2018.

I am happy to be able to inform you that the Seniors Expo held on the 6th. of April was very successful. Well in excess of 200 people attended, more than 120 of those non-members. The entertainments presented were very well received, and those attending appeared to enjoy themselves. Many of the non-members who attended showed considerable interest in what U3A has to offer. I would also like to thank the other community organisations which took part for their participation.

I must inform you that comparatively recently an incident occurred which resulted in a formal complaint being lodged regarding the behaviour of some people attending a U3A function. This resulted in my having to send a written apology on behalf of our organisation. I remind all members that we are all bound by the U3A Code of Conduct, and that the Code applies to dealing with non-U3A members as well as our own. The Code of Conduct is displayed in the U3A office, and copies are available to members.

As this will be my last Presidential message at this juncture, some acknowledgements are due. I would like to offer my thanks to all those people who have served on the Executive, the Management Committee, the Social Committee and as other Office-bearers during my four terms of office. Your support, input and comradeship have been appreciated beyond measure. And, of course, thanks to all our tutors, office volunteers, "sausage sizzle" personnel and all the others who give of their time and effort to ensure that our U3A remains a viable and flourishing entity. I look forward to continuing to serve our U3A in a non-Presidential capacity.

My very best wishes for the future.

Warren Hastings Harris President

TRIVIA TIME: Scientists have recently determined that the armadillo animal is susceptible to which disease, previously thought to only afflict human beings?

TERM DATES 2018

Term 2 30 Apr – 6 July

Term 3 23 July - 28 Sep

Term 4 15 Oct – 7 Dec*

*Tutors may elect to continue classes after this date

Dates for your diary

AGM 23 May
1 pm, Fripp Oval,
followed by
afternoon tea and a
presentation by Alan
MacLean, Larrikins
and Leaders

Trivia Fripp Oval 1pm-4pm 11 July; 3 October

Trivia Ballina Golf Club Monday, 3 December

Check the notice board and website for further details



Sad to announce that after 18yrs Card making & Beyond has had its last class. Many cards and items have been created, and friends made, much fun and creativity has been had and much knowledge has been learned. Trish Holmes had been kindly teaching on her own for the last 12 months after Colleen Wellard retired in 2017. After being a student in the group, Trish joined Colleen and Nancye Graham in 2010, she bought new techniques to the group increasing the variety and methods the class was able to utilise. The students are grateful for the time and patience of Trish and the other teachers for giving them the gift of handmade cards, many of which have become treasured family mementoes.





Seniors Expo With the support from the NSW Government and as part of the 2018 NSW Seniors Festival, U3A Ballina/Byron held a very successful exhibition on the morning of 6 April, at the Richmond Room in Ballina. Of the 250 people attending, over 120 were non-members who were checking us out.

Thank you to all our members and guests who came along to support us and find out more about what we do. New members are always welcome! A special thank you to our lovely volunteers, tutors and class members for all your hard work and assistance in organising and running our exhibition, and for the class demonstrations on the day.





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Guest speaker Jan Olley will be doing a presentation at Fripp Oval, 16 May, 1pm, on the coastal birds of the area. From our many residents such as the Osprey and Pied Oyster Catcher to the 55 species of migratory birds that travel through 22 countries on the way from the northern hemisphere to travel to Ballina and surrounds to escape winter. She will be discussing the importance of roosting, foraging and nesting sites among other relevant information. [Photo is Pied Oyster Catcher sheltering at Shelley Beach]



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CLASSES Term 2 2018 Please see the term 1 newsletter supplement for class details or check our website								
Monday	Tuesday	Wednesday	Thursday	Friday				
Shorter Flatter Walks 8:30 am – 10 am From various starting points as per the walks list available in the	Walking 8am in term 1 (8:30 am thereafter) from Fripp or as on walks list	Early Bird Yoga 8:00 – 9:00 Fripp Oval	Tai Chi-Quigong (Regulars) 10-11:15 Fripp Oval full	Walking 8.30 – 11 am (Term 1& 4) 9 am – 11:30 am (Terms 2 & 3) from Fripp or as on walks list				
office Art Appreciation 9:30 to 11:30 Fortnightly Fripp Oval Introductory Weights for Women 9:30 to 12 noon fortnightly Fripp Oval full	Musings & Meditation: Spiritual Masters 9:30-11:00 Cherry St Sports Club Yoga & Core Pilates 9:15-10:30am Fripp Oval full	Intermediate Egyptian Raqs Sharqi 9:00 am -10.30 Fripp Oval Philosophy 10:15 – 11:30 Cherry Street Sports Club	Combined Craft Group 1-3pm Fripp Oval The Self-directed Investor Discussion Group Terms 1 and 2 only 3:00 – 4:30 pm	Photography - Introduction 9-11 am Fripp Oval Fundamental Tap 9:30 – 10:45 am (Beginners 10:45 – 11:30 am) Ballina Sailing Club				
Lost Empires 11-12.30pm Ballina Golf & Sports Club	Poetry 10-12 noon 1st Tuesday Ex-Services club, Mullumbimby	Weights for Women 11:00 am-12:15 pm Fripp Oval full	Fripp Oval Fabric Art/Mixed Media 1.30- 4 pm North Creek Road 3rd and 4th Thurs of Month	Jewellery & Beading 10.30-12.30 1st,2nd and 4th Friday of the month Fripp Oval				
Mah Jong 12.30-4pm Fripp Oval full	Invited Guest Speakers 10-12 noon second Tuesday of month Ex-Services club, Mullumbimby	Exploring books 10:30-12 1st Wed of month Tutor's home	Lawn Bowls 3:00 to 4:00 6 weeks Ballina RSL Bowling Club	Canasta/Samba 12.30-4pm Fripp Oval				
Scrabble 12.30-4pm Fripp Oval	Classical Music 10-12 noon Third Tuesday of month Ex-Services club, Mullumbimby	French Transition 10-12 noon Tutor's home full		Photography Group 9:00-11:00 Designated locations				
	Art Appreciation 10-12 noon 4th Tuesday of month Ex-Services club, Mullumbimby Italian 5 Groups full 10-12 noon RSL Bowling Club Beginners class meets Cherry Street Club	Creative Writing 12:30 – 2:30pm Fortnightly Cherry Street Sports Club Solo Cards 1-4pm Tutor's home						
	Cryptic Crosswords – Beginners/Intermediate 10:45 to 12 Noon Fripp Oval Main Hall	Computers and Technology – Individual Tuition 1hr sessions; 10 to 2pm Fripp Oval						
	Cryptic Crosswords Advanced 10.45-12 Noon Fripp Oval Main Hall							
	Table Tennis 12.30-2.00pm Fripp Oval Scottish Country Dancing (beginners & continuing) 4 – 6.pm Presbyterian Church Hall							

Trivia Answer: Leprosy

MANAGEMENT COMMITTEE

Committee Meetings held 1st Thursday of each month – Venue to be advised

Committee M	cernigs nero i i mursu	ay of cacif illollin	- venue to be advised		
PRESIDENT	Warren Hastings	6628 7303	OFFICE	Joy Schneider	0427631403
& PUBLIC	Harris		Co-ordinator		
OFFICER					
VICE	Margaret Ball	6686 8872	PUBLICITY /	Penny Kempler	6628 5361
PRESIDENT			PUBLIC		
			RELATIONS		
SECRETARY	Sue Bell	6687 7963	WELFARE	Margaret Ball	6686 8872
			OFFICER		
TREASURER	Barb McCall	6681 5893	NEWSLETTER	Penny Kempler	6628 5361
COMMITTEE	Gerti Krebs	6680 7350	WEB SITE	Kim Pendreigh	0406 375139
	Ann Neal	6681 6612	SOCIAL	Ann Neal Co-Chair	6681 6612
			COMMITTEE		
	Richard	6687 4726		Viv Miller Co-Chair	6686 7561
	Grzegrzulka				
	John Reid	6681 6521		Pam Hamilton	6687 5055
	Heather Munro	0408862914		Raine Moloney	6686 0946
				Barbara McCall	6681 5893
			MULLUMBIMBY	Gerti Krebs	6680 7350
			REPRESENTATIVE		
			CLASS & VENUE	Gerti Krebs	6680 7350
			COORDINATOR		

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U3A Ballina/Byron inc. thanks Ballina Fair, Cherry Street Sports Club, Ballina Advocate, Bunnings Warehouse, Ballina Golf & Sports Club and SPAR for their ongoing support