

## Form of courses?

The teaching style in each class is up to the individual, volunteer tutor. This may include workshops, discussion groups, seminars or guided readings.

## Where are the courses held?

Most courses are held at Fripp Oval Clubhouse, Canal Road, Ballina. However, small groups sometimes meet in members' homes, and some groups use other premises in Ballina. There are also weekly meetings at the Ex-Services Club, Mullumbimby.

## Cost?

Current (as at January 2017) annual subscriptions are:

**Single** \$50.00

**Joining Fee (once only)** \$5.00

**Half year subscription:**

**1st September to 1st March** \$25.00

Subscriptions are for 12 months from  
1st March

## Why not join us?

We invite prospective members to attend one session of a class before deciding to join. Come and share ideas, socialize and learn new skills or gain a new language.

## Want to find out more?

- Ring our office during school term time.
- Visit our office at Fripp Oval between 10 am and 12 noon Monday to Friday during school term time and speak to one of our volunteers.
- Look out for our column in the Ballina Shire Advocate each month.
- Memberships are accepted throughout the year.
- Check our website for upcoming events, or
- Write to us at the address below.

## Contact details

Postal address: PO Box 55, Ballina 2478

Our office is at Fripp Oval, Canal Road, Ballina (Next to the RSL Bowling Club)

Telephone: 02 6681 4450

Website: [www.ballinabyron.u3anet.org.au](http://www.ballinabyron.u3anet.org.au)

Email: [u3abalbyr@gmail.com](mailto:u3abalbyr@gmail.com)



## What is U3A?

The University of the Third Age (U3A) is a voluntary, self-help, learning and social movement for mature-aged people, that began in France in 1973. Since then the idea has grown rapidly and spread to many countries. U3A Ballina/Byron Inc was formed after a public meeting on 25 March 1994.

## What does U3A mean?

U3A is short for 'University of the Third Age', but don't be put off by the title. The name has nothing to do with our general idea of a University with assignments, exams and qualifications. Rather it is a group of people studying to satisfy an inner urge to learn. It offers low-cost learning opportunities, equality among members, sharing of interests, skills, knowledge and good company. U3A's informal approach is successful and appeals to most people.

## What is the Third Age?

The 'Third Age' commences when the 'First Age' of childhood and youth and the 'Second Age' of active employment, family raising and professional life draws to a close. The majority of people who participate are retired, however, there is no lower age limit. U3A is for those active people who wish to continue or begin learning for its own sake, to enlarge horizons and pursue dreams and ambitions.

## Do I need qualifications to Join?

There are no entry criteria or assessments, you do not need to have completed high school, college or university to become a member.



**Card Making**



**Shibashi**



**Cryptic Crosswords**

## What do we offer at U3A Ballina/Byron Inc??

Courses on offer have been developed by members and are taught by volunteer tutors. Perhaps you have skills or knowledge you would like to share. An outline of a proposed course can be submitted to the Management Committee.

Courses currently offered include:

Exercise and well being, crafts, games languages, writing, books, movie appreciation appreciation, computer courses, history, share trading, travel etc

## Mullumbimby

A small number of courses including discussion groups, guest speakers, poetry, and music appreciation are held at the Ex-Services Club, Mullumbimby, each Tuesday 10am to 12 noon. Contact our Office for more details.

## Social Committee

The social committee organises outings and events which allow us to mix with members other than those who share our classes.