

U3A BALLINA/BYRON INC



NEWSLETTER Term 4 2014

U3A Ballina/Byron Inc.

PO Box 55

Ballina 2478

Telephone: 66814450

Email: u3abalby@virginbroadband.com.au

Website: www.ballinabyron.u3anet.org.au

OFFICE

Fripp Oval (next to RSL Bowling Club)

Canal Rd

Ballina

Please send an email to this address if you would be happy to receive your newsletter by email [and save the U3A printing and postage costs]

From the President: Dear Fellow Members,

I trust that you have all enjoyed your U3A activities during Third Term, and that you will use the holiday break to recover your strength to face our final term of 2014 and the fast-approaching “Festive Season”.

The re-configuration of the U3A Office has reached its final form. I realise that the new format may not please everybody, but I am convinced that this is the most effective use of the limited space available to us, providing as it does a dedicated storage area for table tennis equipment, craft boxes etc.

On Wednesday 10th September, your U3A hosted a workshop on Ballina’s future conducted by staff from Ballina Shire Council’s Strategic Services Group. The N.S.W. Government’s Far North Coast Regional Strategy has identified Ballina as an emerging regional centre, with significant growth and change expected over the next 20 years. As part of wider community consultation, Council sought the input of U3A members. A lively, and generally very positive, exchange of views took place, and we were pleased to welcome representatives of other community organisations such as SCOPE and the Ballina Naval and Maritime Museum. Our involvement with this project will be on-going. Ballina Council has also invited U3A to take part in an intergenerational creative writing project for which a State Government Grant is being sought by Council.

The process of raising the profile of U3A in the community continues. Copies of our re-designed information brochure have been placed in the Ballina Visitor Information Centre, the Library branches in Ballina, Alstonville and Lennox Head and a number of other appropriate locations. Following discussions with staff of North Coast Medicare Local, that organisation has undertaken to post our brochure on its website, so that U3A information will be available to the health professionals with whom the organisation deals.

I hope to meet more of you at the various social functions that are being arranged in the lead up to Christmas, and may I take this opportunity to wish you and your families all the best for Christmas and the New Year.

Regards,

Warren Hastings Harris.

TRIVIA TIME Q: In Britain and her American colonies, what happened between September 3rd and September 13th 1752? And why? [answer page 3]

Brunswick Heads

The Brunswick Heads group meet at the CWA Rooms, Mullumbimby, every Tuesday from 10am - 12 noon. They are very happy to have visitors join them. Contact person is Gertie Krebs 6680 7350 On the first Tuesday of the month there is a Poetry Class. Music Appreciation is on the third Tuesday of the month. Visiting speakers fill the other weeks. Topics from speakers have included the Congo, Uzbekistan, Kenya and others have delved into rock art and forensics.

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Try a new activity



The **Scottish Country Dancers** wonder if you'd like to join them and invite you to a **"Come and Try"** afternoon on Tuesday 21 October at 4pm, at the Uniting Church Hall, Ballina. It's great fun, it's social, mental and physical. Exercise without realising it!! Bring comfortable flat shoes, no experience or partner necessary.

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Paying your Membership Fees

Don't forget to look in the top right hand corner of your name badge to see when your annual membership fees are due. When paying at the office please try to bring the exact money or a cheque, as we keep minimal change on the premises.

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Craft Corner

A tip for keeping yarn tidy – cut the bottom off a soft drink bottle, just where the bottle widens. Cover the cut edges with tape. Then thread your yarn through the narrow end of the bottle (take your yarn from the middle of the ball), place the ball in the bottle and replace the bottom. It is a great way to keep yarn from tangling when you are using a number of colours and keeps the wool clean.

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Motorhome/Caravan Trip.

The Social Committee has had a request to organise something for those members who have a car and caravan/motorhome. If you would like to be involved in this and help put together a weekend away. Please let the office know.

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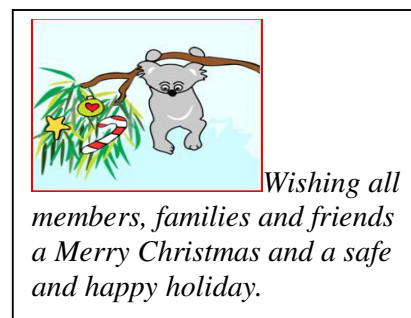
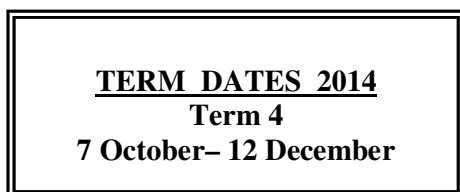
Newsletter Deadline

The deadline to get your news, photos, information in the next, term 1, 2015, newsletter, is the 1st December, 2014.

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Christmas Lunch

The Christmas Lunch on 10th December, 2014 will be a Chinese buffet at the Ballina Golf and Sports Club Restaurant. A lovely outlook and plenty of parking! Cost will be \$25.00 per person, with drinks available from the Club bar. Book early, lest you miss out.



2014 Classes Term 4

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Card Making Techniques 9.45-12.15pm Fortnightly <i>Full</i>	Walking 9am from Fripp or as detailed on walks list	Belly Dancing 9am – 10am	Shibashi (continuing) 10-11.00am Fripp Oval <i>Full</i>	Walking 9am from Fripp or as detailed on walks list
Hatha Yoga 9-30- 10.45 Fortnightly	Yoga &Core Pilates 9.15-10.30am Fripp Oval <i>Full</i>	Exploring books 9am-11 1 st Wednesday of month Fripp Oval	Weights for Women 11.30-1pm Fripp Oval	Hatha Yoga 9-10.30am Fripp Oval
PC User Group 1st Monday of the month Lennox Heads <i>Waiting List</i>	Italian 10-11.45am RSL Bowling Club	Movie Appreciation Ballina/Byron Fortnightly <i>Full</i>	Poetry for Pleasure 1.15-3.15pm Fortnightly Fripp Oval	Tap Dancing 9.30-11 am Yacht Club
Lost Empires – Royal Houses 11-12.30pm <i>Full</i>	Cryptic Crosswords 10.45-12noon Fripp Oval	Computers – Individual Tuition (1hr sessions) Fripp Oval	Investing & trading in the stock market 1.15-3.15 Fortnightly Fripp Oval	Jewellery making 11-1pm Fripp Oval <i>Full</i>
Mah Jong, Scrabble and Canasta 12.30-4pm Fripp Oval <i>Mah Jong Full</i>	Table Tennis 12.30-2.30pm Fripp Oval	French Translation Tutor’s Home <i>Full</i>	Crochet 1.15-3.15pm Fripp Oval	Craft 12.30-2.30pm Fripp Oval
Samba (for experienced Canasta players) 12:30-4pm Fripp Oval	Relaxation 2.30-3pm Fripp Oval	Creative Writing 12-2pm Fortnightly Fripp Oval	Family History Fripp Oval	Canasta Experienced Players 12.30-4pm Fripp Oval
Spanish 3.30-5pm Tutor’s home	Meditation 2.30–4pm Fripp Oval	Classical Music Appreciation 12-2pm Fortnightly Richmond Hill		Croquet 1.30-3pm Ballina Croquet Club
	Scottish Country Dancing (beginners & continuing) 4-6pm Uniting Church Hall	Solo Cards Tutor’s home		
	Brunswick Heads 10-12noon See Program of activities elsewhere in this newsletter	Chair Yoga 2.15-3.15 Fripp Oval		
		Bush Walking Contact Office for details		

Trivia Time A: Nothing happened. No-one was born, no-one died or did anything. Due to the replacement of the Julian Calendar by the Gregorian, the days did not exist. Because of the 11-day difference between the two Calendars, September 2nd was followed by September 14th.

MANAGEMENT COMMITTEE

Committee Meetings held 1st Thursday of each second month – Venue to be advised

PRESIDENT	Warren Hastings Harris	6628 7303	OFFICE MANAGER	Marj Hobbins	6686 2792
VICE PRESIDENT	Sue Bell	66877963	PUBLICITY / PUBLIC RELATIONS	Penny Kempler	6628 5361
SECRETARY & PUBLIC OFFICER	Bronwyn Peters	0428117076	WELFARE OFFICER	Eve Stephan	6686 2578
TREASURER	Margaret Ball	6686 8872	NEWSLETTER	Penny Kempler	6628 5361
COMMITTEE	Gerti Krebs	6680 7350	WEB SITE	Sue Bell	66877963
	Brian Lewis	6686 7180	SOCIAL COMMITTEE	Ann Neal A/cting Chair	6681 6612
	Ian McLean	6686 9401		Margaret Bryant	6681 1153
	Viv Miller	6686 7561		Pam Hamilton	6687 5055
	Raine Moloney	6686 0946		Viv Miller	6686 7561
	Maureen Murphy	6681 3223		Raine Moloney	6686 0946
	Kim Pendreigh	0406385139			
	Eve Stephan	6686 2578	BRUNSWICK VALLEY REPRESENTATIVE	Gerti Krebs	6680 7350
CLASS & VENUE COORDINATOR	Sue Bell	66877963	HONORARY SOLICITOR	Robert Hosie of Hosie & Partners - Solicitors	

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U3A BALLINA/ BYRON INC. NEWSLETTER TERM 4 2014

U3A Ballina/Byron inc. is pleased to be in association with Ballina Fair and welcomes the support it provides